

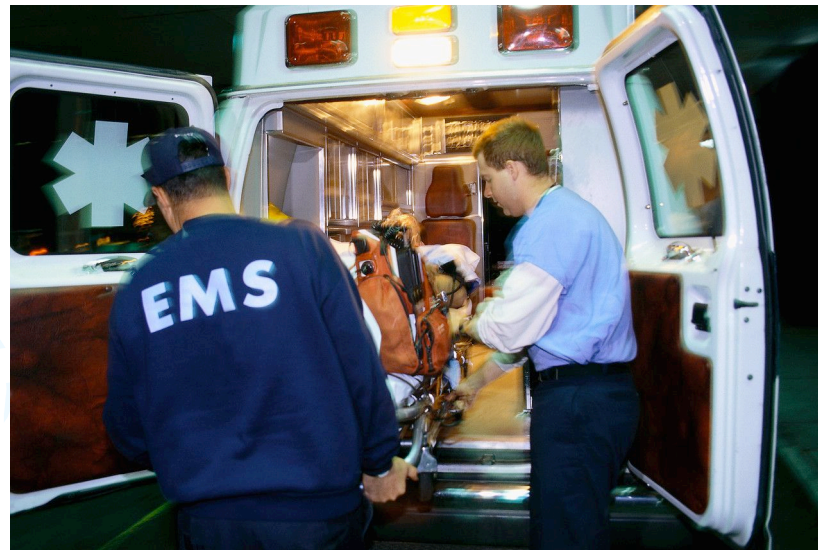


# Help in an Emergency

911

# Emergency Medical Technician

- What is an EMT?
- What is their role in an emergency?



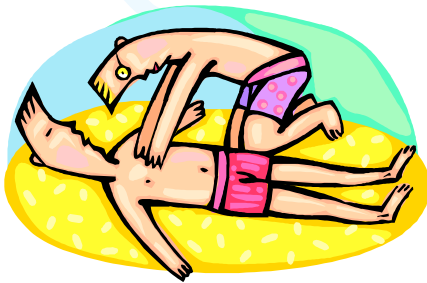
# What is a Medical Emergency?

- When is it ok to call 911
- What to do if you are not sure if it is an emergency
- What will the dispatcher ask me?
  - What if I am alone and need to perform CPR and call 911?



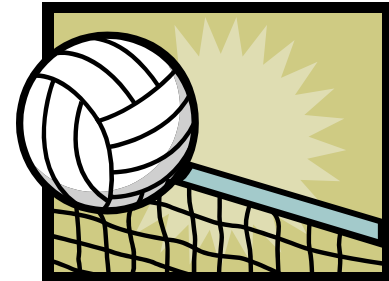
# First Aid and CPR Basics

- First Aid Information - Cuts, Broken Bones, Bleeding, illnesses and more
  - CPR
  - Infant CPR
  - Choking



# Sport Safety Training

- Helmet or no helmet?
  - Proper Equipment
- Padding and other protective equipment



# Childcare Training

- Community Classes - Babysitting classes
  - Infant/Toddler CPR - where to get it and how important it is
    - Be Prepared!

